

**2010 Daytona Beach Open  
February 6, 7, 2010**

**Saturday February 6, 2010**

**Gym C  
Men's Competition**

**Session 1  
Men's USAG Level 4**

12:00 pm – 12:20 pm Stretch  
12:20 pm – 12:30 pm Warm up/March In  
12:30 pm – 4:00 pm Competition  
Individual and Team awards to follow.

*Dominic, Tommy*

**Session 2  
Men's USAG Level 5**

4:00 pm – 4:20 pm Stretch  
4:20 pm – 4:30 pm Warm up/March In  
4:30 pm – 8:00 pm Competition  
Individual and Team awards to follow.

*Dylan, Justin*

**2010 Daytona Beach Open  
February 6, 7, 2010**

**Sunday February 7, 2010**

**Gym C  
Men's Competition**

**Session 3  
Men's USAG Level 6**

10:00 am – 10:20 am Stretch  
10:20 am – 10:30 am Warm up/March In  
10:30 am – 1:00 pm Competition  
Individual and Team awards to follow.

*Patrick, Spencer*

**Session 4  
Men's USAG Level 7,8,9,10**

1:00 pm – 1:30 pm Stretch  
1:30 pm – 1:45 pm Warm up/March In  
1:45 pm – 5:00 pm Competition  
Individual and Team awards to follow.

*Matt, Alex, James,  
Ryan, David*

**The Ocean Center Daytona Beach is at 101 N. Atlantic Ave.**

in Daytona Beach, Florida, directly across from the Hilton Daytona Beach Oceanfront Resort. Travel I-4 east to International Speedway Boulevard/U.S. 92. Continue east on U.S. 92 to S.R. A1A. Travel north on A1A. The Ocean Center is less than 1 mile on the left.

**Driving Directions:**

**From Tampa, Orlando, DeLand, and Deltona:** Take I-4 east to International Speedway Boulevard (U.S. 92). Continue east to Atlantic Avenue (A1A) traveling north to Earl Street and turn left. The parking garage is on the right.

**From Jacksonville, St. Augustine, and Palm Coast:** Take I-95 south to International Speedway Boulevard (U.S. 92). Go east on International Speedway Boulevard to Atlantic Avenue and turn left. Continue north to Earl Street and turn left. The parking garage is on the right.

**From Miami, Broward, Brevard, and New Smyrna Beach:** Take I-95 north to International Speedway Boulevard (U.S. 92). Go east on International Speedway Boulevard to Atlantic Avenue and turn left. Continue north to Earl Street and turn left. The parking garage is on the right.

**Host Hotels:**

The Plaza Resort & Spa                      *386-255-4471*  
600 N. Atlantic Avenue                      **\$155/per day**  
Daytona Beach, FL 32118

Hilton at Ocean Walk                         *386-254-8200*  
100 N. Atlantic Avenue                      **\$155/per day**  
Daytona Beach, FL 32118