



Fall Invitational Meet

Hosted by Horizon Gymnastics & Dance Academy

Saturday, November 15, 2008

Session 1-Non Sanctioned Artistic Gymnastics Meet; Gym Achievers, Level 3 & 4

*All Horizon's Gym Achievers, Level 3's and Level 4's

10:00-10:15 am Stretching
10:15 am -12:00 pm Competition
12:00-12:15 pm Awards

Session 2-USAG Trampoline & Tumbling; All 10 & unders

(Athletes age as of December 31, 2008 will be used to determine all age groups)

12:30-12:45 pm Stretching
12:45-1:00 pm Coaches meeting/march in
1:00-1:40 pm Rotation one
1:40-2:20 pm Rotation two
2:20-3:00 pm Rotation three
3:00-3:30 pm Awards

Hannah Paul
Olivia Paul
Ronnie Smith

Adam Bailey
Bailey Davis
Spencer Dupee
Casey Hammen
Kayla Hunt

Session 3-USAG Trampoline & Tumbling; All 11 & over

(Athletes age as of December 31, 2008 will be used to determine all age groups)

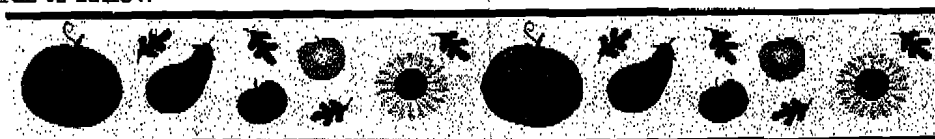
3:15-3:30 pm Stretching
3:30-4:10 pm Coaches meeting/march in
4:10-4:50 pm Rotation one
4:50-5:30 pm Rotation two
5:30-6:10 pm Rotation three
6:10-6:40 pm Awards

Maddie Grooms
Joel Thomas

Session 4-USAG Gymnastics Meet; Level 4, 5, 6, 7 and 8

6:10-6:40 pm Stretching
6:40-9:30 pm Competition

*Awards to follow



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